

## Hong Kong Sailing Federation Sail Training Scheme: Certificate Equivalency

These guidelines are published to give clarity for those who hold certificates from previous editions of our Sail Training Scheme. The HKSF does not issue new certificates based on old qualifications, but the table below offers guidance so sailors and centres may know their entry point on the new scheme and next course based on prior qualification.

The Level 4 certification in the 2013 – 2021 scheme is deemed equivalent to the new “Spinnakers” and “Trapeze Techniques” courses, so holders of a Level 4 may choose to progress without attending the two new units.

It should be noted that the modern syllabus may vary from older course outlines, in particular in relation to “Advanced Skills” which have changed over the years, now focusing on sailing high performance dinghies. Candidates must satisfy themselves that they are ready for their next course in terms of background knowledge and physical ability. If sailors are in any doubt of their knowledge or ability, the HKSF recommends they attend a Level 2 or Level 3 “One Day Assessment” prior to taking their next course

Sailing Clubs and Centres may impose, at their discretion, additional requirements such as attending a “One Day Assessment” or a locally organised sailing test to ensure candidates meet required standards.

1993 – 2012 HKYA Dinghy Certificate Scheme	2013 – 2021 HKSF Dinghy Certificate Scheme	2021 onwards Dinghy & Keelboat Sail Training Scheme
Level 1 Introduction to Sailing	Level 1 Introduction to Sailing	Dinghy Level 1 Introduction to Sailing
Level 2 Basic Skills	Level 2 Basic Skills	Dinghy Level 2 Basic Skills
Level 3 Improving Techniques	Level 3 Improving Techniques	Dinghy Level 3 Improving Techniques
Level 5 Advanced Skills	Level 4 Advanced Skills	Spinnakers
		Trapeze Technique
		Advanced Skills
	Day Sailing	Day Sailing
Level 4 Racing Techniques	Racing Skills	Go Racing

## 香港帆船運動總會風帆訓練計劃: 證書等值

這份指引說明對於所有持有舊版風帆訓練計劃證書的人士，香港帆船運動總會是不會根據其舊有的資歷頒發新證書，但下列的表格提供了證書等值的參考，學員和帆船教學中心可根據先前考獲的資格，判斷他們在新課程和新計劃下的起步點。

2013 - 2021 計劃的課程第四級等同新計劃中的「球型帆技巧」和「吊掛式壓弦技巧」課程，因此持有風帆證書課程第四級的人士可以選擇不參加這兩個新單元而繼續進修。

最新的教學大綱與舊課程大綱有異，特別是「深造技巧」的課程經過多年後已有所不同，現在的課程着重駕駛高性能帆船。學員應同時具備知識和體力，為下一門課程做好準備。如果學員對自己的知識或能力有任何質疑，香港帆船運動總會建議他們在參加下一課程前先參加第二級或第三級的一天評核。

遊艇會和帆船教學中心可以自行決定增加額外的要求，例如參加「一天評核」或其他機構舉辦的帆船考試，以確保學員符合要求的標準。

1993 – 2012 香港帆船協會 風帆證書計劃	2013 – 2021 香港帆船運動總會 風帆證書計劃	2021 至今 小帆船及龍骨帆船 證書訓練計劃
課程第一級 風帆入門	課程第一級 風帆入門	小帆船課程第一級 風帆入門
課程第二級 基本技術	課程第二級 基本技術	小帆船課程第二級 基本技術
課程第三級 技術改良	課程第三級 技術改良	小帆船第三級 技術改良
課程第五級 深造技術	課程第四級 深造技巧	球型帆技巧
		吊掛式壓弦技巧
		深造技巧
	日間航行	日間航行
課程第四級 競賽技術	競賽技巧	競賽技巧