

HKSF ASSISTANT INSTRUCTOR

(minimum 21 hrs)

The HKSF Assistant Dinghy Instructor is a competent small boat sailor, who has been trained to *assist* with teaching sailing under the direct supervision of an HKSF Instructor or Senior Instructor.

1. Eligibility

Candidates must hold the HKSF Level 3 Dinghy Certificate. If they do not hold an HKSF Level 3, they may still attend the course, but an Assistant Instructor Certificate will not be awarded until the Level 3 has been successfully completed.

2. Training

Induction training in basic teaching techniques will be provided by an *approved* HKSF Senior Instructor or Trainer. The focus will be on the roles of the Assistant Instructor, teaching methods and safe practice.

3. Syllabus

The HKSF Assistant Instructor course will cover the following:

- Definition and specific roles of the HKSF Assistant Instructor
- Qualities of a good instructor
- Principles of Instructional technique
- Teaching resources and good techniques
- The Teaching Method
- Reducing risk and safe practice
- Centre rules and procedures / policies
- Standards of behavior / code of conduct

The course will include practical tasks such as:

- Assisting teaching and presenting various common teaching tasks
- Helping with on-shore drills and on the slipway / pontoon
- Demonstrating boat rigging and preparation
- How to assist on the water at various levels in various dinghies

4. Assessment & validity

Candidates will be assessed on their practical teaching ability, including knowledge, temperament and sailing skill. The Assistant Instructor award is normally valid for three years, after which candidates who have not yet become full HKSF Instructors may apply to attend a revalidation session, which usually will be part of an upcoming Assistant Instructor Course.

5. Important Note

The award is intended to provide recognition of the local training given to experienced sailors who are intending to qualify as HKSF Dinghy Instructors. As the training and assessment is limited to the role of *assisting* as outlined above, Assistant Instructors must never be allowed to work without direct supervision.