



**2020 香港帆船運動總會梯隊培訓計劃 – 青少年風帆課程**  
**2020 HKSF Feeder Scheme – Youth Learn to Sail Scheme**

康樂及文化事務署資助 及 香港帆船運動總會主辦

Subvented by the Leisure and Cultural Services Department and organized by the Hong Kong Sailing Federation  
歡迎 8 歲至 12 歲之青少年參加 Suitable for youth in age of 8 to12

青少年課程級別 Youth Course Level		課程編號 Course Code	日期 Date	上課地點 Course Venue
樂天一級 Opti 1	Opti Taster 樂天小帆船初班	FS-OP1-20-11	20 , 21 July 2020	香港帆船運動總會 小棕林杭口永隆路, 清水灣道 訓練時間: 0900 - 1700 (午飯時間大約是 12:00 – 13:00, 請自備午餐) Hong Kong Sailing Federation Little Palm Beach Hang Hau Wing Leung Road, Clear Water Bay, NT Training Time: 0900 – 1700 (Lunch break will at about 12:00 – 13:00, please prepare yourself) 人數: 每班 4 人 Capacity: 4 students per class
樂天一級 Opti 1	Opti Taster 樂天小帆船初班	FS-OP1-20-12	22 , 23 July 2020	
樂天一級 Opti 1	Opti Taster 樂天小帆船初班	FS-OP1-20-13	27, 28 July 2020	
樂天二級 Opti 2	Opti Crew+ 樂天小帆船中班	FS-OP2-20-14	29, 30 July 2020	
樂天二級 Opti 2	Opti Crew+ 樂天小帆船中班	FS-OP2-20-15	3, 4 August 2020	
樂天二級 Opti 2	Opti Crew+ 樂天小帆船中班	FS-OP2-20-16	5, 6 August 2020	
樂天二級 Opti 2	Opti Crew+ 樂天小帆船中班	FS-OP2-20-17	10, 11 August 2020	
樂天三級 Opti 3	Opti Skipper 樂天小帆船高班	FS-OP3-20-18	12, 13 August 2020	
樂天三級 Opti 3	Opti Skipper 樂天小帆船高班	FS-OP3-20-19	17, 18 August 2020	
樂天四級 Opti 4	Opti Racer 樂天小帆船比賽班	FS-OP4-20-20	19, 20 August 2020	

## 參加資格 Eligibility

青少年樂天一級課程 Opti 1 樂天小帆船初班 Opti Taster	任何能游泳最少 50 公尺的 8 歲至 12 歲青少年 Any youth in age of 8 to 12 who can swim at least 50m
青少年樂天二級課程 Opti 2 樂天小帆船中班 Opti Crew+	任何 8 歲至 12 歲青少年，曾經完成香港帆船運動總會青少年樂天一級課程並考試合格 Any youth in age of 8 to 12 who have completed HKSF Opti 1 and passed the assessment
青少年樂天三級課程 Opti 3 樂天小帆船高班 Opti Skipper	任何 8 歲至 12 歲青少年，曾經完成香港帆船運動總會青少年樂天二級課程並考試合格 Any youth in age of 8 to 12 who have completed HKSF Opti 2 and passed the assessment
青少年樂天四級課程 Opti 4 樂天小帆船比賽班 Opti Racer	任何 8 歲至 12 歲青少年，曾經完成香港帆船運動總會青少年樂天三級課程並考試合格 Any youth in age of 8 to 12 who have completed HKSF Opti 3 and passed the assessment

## 報名辦法

不同課程級別的課程須遞交個別報名表申請。每位報名人士只可就每個課程級別遞交一張報名表。

課程費用為每班每人港幣 200 元正，須用支票繳交，支票抬頭請寫「香港帆船運動總會」，支票背後請寫上學員姓名及連絡電話。請將填妥的報名表，連同報名費的支票以郵遞方式寄到香港銅鑼灣掃桿埔大球場徑一號奧運大樓一〇〇九室「香港帆船運動總會」。

過去未曾完成/考試及格的人士，將可享有首星期優先報名安排，2020 年 6 月 12 日起接受報名。名額以先到先得方式分配。餘額於 2020 年 6 月 19 日起接受報名，額滿即止。本會將保留對上述條款之最後修訂權。

## 課程確認通知

課程開班前會以電郵寄出「確認通知書」以作核實，一經核實，學員不可轉班或轉讓名額，退出者所繳交費用一概不會退回。如課程未能如期舉行，香港帆船運動總會將以電郵通知報名者。

若開班前三天尚未收到任何通知，請致電我們查詢。

## 惡劣天氣安排

如香港天文台於上午七時發出紅色暴雨警告信號、黑色暴雨警告信號、三號或以上颱風信號課程將會取消

強烈季候風信號或雷暴警告，課程將會如常舉行，教練將會根據當日天氣情況作出安排。

如因惡劣天氣而取消當日課程，將於同一星期的星期五補堂，詳情請跟教練查詢。

## 聯絡查詢 Enquiry

電話 Tel : 2504 8159

電郵 Email : pc@sailing.org.hk

地址：香港銅鑼灣掃桿埔大球場徑一號奧運大樓一〇〇九室

Room 1009, Olympic House, 1 Stadium Path So Kon Po, Causeway Bay, Hong Kong

## Application Procedures

Each applicant shall only submit one application form for each course level. Separate application form shall be submitted for different course level.

Course fee is HK\$200 per person per course. Payment of course fee should be made in cheque payable to the "Hong Kong Sailing Federation". Please write down name and contact number at the back of the cheque. Please submit the completed application form together with a cheque for the course fee in mail to Hong Kong Sailing Federation, Room 1009, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.

Applicants who have not completed/ passed the assessment of that level will be given priority in their application. Enrollment period for these applicants commences on 12 June 2019. Enrollment will be accepted on a "First Come First Served" basis. Enrollment for remaining quotas commences on 19 June 2019. Hong Kong Sailing Federation reserves its rights to revise the above procedures as appropriate.

## Course confirmation

A confirmation letter will be sent by email before the commencement of the course. Once the confirmation letter is sent, no changing of course, transferring and refund will be entertained. In case a course cannot be held as scheduled, Hong Kong Sailing Federation will inform applicants by email.

If no notification is received 3 days before the commencement of the course, please contact us to enquire.

## Arrangement under inclement weather

Courses will be cancelled if the Hong Kong Observatory issues at 7 am, RED or BLACK rainstorm warning signal, typhoon signal No. 3 or higher.

For strong monsoon signal or thunderstorm warning, the course will remain unchanged, our instructor will have further instruction depends on the weather.

If course cancelled because of bad weather, the makeup class will happen on Friday, please contact the course instructor for further information

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## 報名表 Application Form

(請以正楷清楚填寫, Please complete clearly in block letters)

申請人所提供的資料只作報名、統計、日後聯絡、宣傳本會與合辦機構的康體活動之用, 所有個人資料將列作機密, 除獲本會授權人士外, 不會提供于其他人士, 如欲查詢或更改申請人的個人資料, 可與本會職員聯絡。

All information provided by the applicant will only be used for the enrollment, compilation of statistics, future correspondence and promotion of the activities organised by the Federation and co-organisers. All personal data will be treated as confidential and except authorized personnel of the Federation, no one will be given access to this information. If applicant wants to make access to and correction of any data, please contact the Federation's staff.

姓名 Name: \_\_\_\_\_ (中文) \_\_\_\_\_ (English) 性別 Gender: 男 M / 女 F  
地址 Address: \_\_\_\_\_ 出生日期 Date of Birth: \_\_\_\_\_  
\_\_\_\_\_ 聯絡電話 Contact No.: \_\_\_\_\_  
\_\_\_\_\_ 手提電話 Mobile No.: \_\_\_\_\_  
電郵地址 Email Address: \_\_\_\_\_ 學校名稱 Name of School: \_\_\_\_\_  
香港身份證/護照號碼 HKID Card No. / Passport No.: \_\_\_\_\_  
緊急聯絡人 Emergency Contact Person: \_\_\_\_\_ 電話 Contact No.: \_\_\_\_\_ 關係 Relationship: \_\_\_\_\_  
曾經完成並考試合格的課程 Course completed and passed before: \_\_\_\_\_

(請於方格內填✓, Please tick "✓" in appropriate box)

(不同級別課程須以另一張報名表申請)

報名課程級別 Course Level applied:  Opti 1 /  Opti 2 /  Opti 3 /  Opti 4 (Course of different level should be submitted separately)

課程編號 Course Code : \_\_\_\_\_  
(第一選擇 First Choice) \_\_\_\_\_  
(第二選擇 Second Choice) \_\_\_\_\_  
(第三選擇 Third Choice) \_\_\_\_\_  
(第四選擇 Four Choice) \_\_\_\_\_

### 聲明 Declaration :

本人明白此活動存在一定的危險性。本人允遵守中心一切有關安全的指引及服從訓練班教練及中心職員的指示及中心的附例

I am clearly aware that there is an element of danger in the sport. I promise to observe all safety requirements and obey the Centre Rules as well as all instructions given by the Course Instructors and centre staff. (請於方格內填✓, Please tick "✓" in appropriate box)

本人  能游泳最少 50 公尺  患有哮喘  
I  can swim at least 50m  requires special medical care for Asthma  
 身體健康  患有糖尿病  
 is in good health  requires special medical care for Diabetes  
 其他疾病  
 Other (please specify) \_\_\_\_\_

日期 Date: \_\_\_\_\_ 簽署 Signature: \_\_\_\_\_

### Parent / Guardian's Consent

申請人家長或監護人聲明:

I, \_\_\_\_\_  
Parent/Guardian of the applicant hereby express my consent to this application. I am clearly aware that there is an element of danger in the sport of sailing and will instruct the applicant to follow the instructions as given by the course instructor / centre staff.

本人 \_\_\_\_\_  
乃申請人之家長 / 監護人, 現同意申請人參加上述課程, 本人明白參加風帆活動存在一定的危險, 本人會指示申請人遵從中心職員及教練的指示及遵守中心的一切守則

日期 Date: \_\_\_\_\_

簽署 Signature: \_\_\_\_\_

### 附註 :

### Notes :

不同課程級別的課程須分別遞交個別報名表申請。每位報名人士只可就每個課程級別遞交一張報名表。

Each applicant shall only submit one application form for each course level. Separate application form shall be submitted for different course level.

課程費用為每班每人港幣 200 元正, 須用支票繳交, 支票抬頭請寫「香港帆船運動總會」。支票背後請寫上學員姓名及連絡電話。

Course fee is HK\$200 per person per course. Payment of course fee should be made in cheque payable to the "Hong Kong Sailing Federation". Please write down name and contact number at the back of the cheque.

請將填妥的報名表, 連同報名費的支票以郵遞方式寄到香港銅鑼灣掃桿埔大球場徑一號奧運大樓一〇〇九室「香港帆船運動總會」。

Please submit the completed the application form together with a cheque for the course fee in mail to Hong Kong Sailing Federation, Room 1009, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.